

# 1 day training

The 'Grounded' groups are for young people aged 11-16yrs old who are struggling to manage conflict with adults and have anger management issues.

Thurs 31st  
March  
2022

9am  
until  
4.30pm

177/179  
Narborough  
Road

Fun and Families has been successfully delivering group work programmes across the City and the County of Leicestershire for 30 years. Our training is ideal for any practitioners wanting to develop group work skills and have the opportunity to deliver our inspirational 'GROUNDED' programme.

## Aims

The Grounded 7 week programme is developed to encourage young people to discuss and explore positive ways to manage conflict.

It also provides an interactive environment that empowers young people to learn how they can improve and build more positive relationships at home and/or school.

£149  
per  
person

Including a printed and detailed Facilitators guide



To book a place on this training course please return the attached form or call Jayne Ballard at the Centre for Fun and Families 177 / 179 Narborough Road, Leicester, LE3 0PE Tel: 0116 2234 254; Email: [jayne@cffcharity.org.uk](mailto:jayne@cffcharity.org.uk)